



# Bethany University

*Educational Opportunities for Bethany Meadows Residents & Their Families*

Bethany University “classes” are free and open to all Bethany Meadows residents and their family members. Each class will last about one hour and generally refreshments will be served. We hope that you will put these events on your calendar!

- Trevor Guthmiller  
Director of Development

## 2009 / 2010 Class Schedule

9/15/2009      **Heart Care & Heart Attack Warning Signs**  
2:00 p.m.      Jon Soderholm, Avera Heart Hospital of South Dakota

South Dakota Hall of Fame inductee Jon Soderholm has been involved with healthcare for 35 years and will join us to talk about heart care and heart attack warning signs. Join us in the community room for this informative talk. Refreshments will be served.

\*\*\*\*\*

9/16/2009      **Touch Therapy**  
2:00 p.m.      Cindy Burkle, LMT

Supporters say that touch therapy can play a positive role in lowering blood pressure along with reducing pain and fatigue. Join us for a discussion of this alternative healing option.

\*\*\*\*\*

9/23/2009      **Givers for Life – Understanding Charitable Gift Annuities**  
7:00 p.m.      Jim Schade & Kurt Osborne, Lutheran Planned Giving

Did you know that you could make a charitable gift and use that gift as a source of income (at a great interest rate)? Join our friends from Lutheran Planned Giving for a fun discussion on charitable gift annuities.

\*\*\*\*\*

10/27/2009    **Long Term Care Insurance**  
7:00 p.m.      Loren Boyens, Thrivent Financial

Long term care insurance can be a useful tool in your financial planning toolbox. Join us for this presentation to learn more about long term care insurance, including who it is for and how it can work for you. Please feel free to invite family members. As an added benefit, this presentation will feature a fabulous dessert made by our own Scott Teal...don't miss it!

*(over)*

**Bethany University, *continued***

\*\*\*\*\*

12/17/2009     **Estate Planning – Trusts, Wills and Your Options**  
10:00 a.m.     Jim Schade & Kurt Osborne, Lutheran Planned Giving

Planning on how to leave our children a legacy (and not a mess!) is a tough job. Join us for some coffee and refreshments as our friends from Lutheran Planned Giving talk about some of your estate planning options. Find out about some of the options you have. Family and friends are invited.

\*\*\*\*\*

2/11/2010     **Bingo with the Bishop!**  
2:00 p.m.     ELCA Bishop David B. Zellmer

Join us in the Community Room for a special session of bingo with ELCA Bishop for the South Dakota Synod, David B. Zellmer. Bishop Zellmer will share his thoughts on issues facing the organized religion and the Lutheran Church in South Dakota and then lead a rousing round of bingo! You don't have to be Lutheran, you just have to like bingo!

\*\*\*\*\*